

Notes for journalists

In 1968, Ray and Violet Sinden opened the doors of Kenward House – in Yalding, near Maidstone – to homeless men in need of food, clothing, shelter and compassion.

The vast majority of those men were also suffering from an addiction to alcohol or narcotics, and the Kenward Trust soon became an expert in the field of residential recovery from addiction.

Today, the charity offers the following services to people in great need of hope, support and a disciplined structure to their lives. Our staff ensure that the highest degree of professional experience and personal compassion combine to give men and women a genuine second chance in their lives.

- **Kenward House – first stage recovery for men**
YALDING, Kent
The House is an abstinence-based, residential project for up to 31 men in recovery from drug and/or alcohol addiction. It uses a cognitive (behavioural) approach combining a variety of work activities, including group therapy, 12 Step based work, weekly personal goal setting and life skills development.
- **Kenward Barn – first stage recovery for men**
YALDING, Kent
The Barn is an abstinence-based, group-working residential project for up to 8 men in recovery from drug and/or alcohol addiction. It offers the 12 Step, cognitive and other treatment models, and is designed specifically for men who will benefit from a more intensive approach to rehabilitation.
- **Naomi – first stage recovery for women**
HAWKHURST, Kent
The Naomi project is an abstinence-based, residential recovery project for up to 9 women in recovery. It is an intensive, structured group working project dealing with the underlying issues of addiction. It operates by encouraging shared responsibility and helping the women to become their own support network.
- **Malthouse – second stage recovery for men**
UCKFIELD, East Sussex
The Malthouse is a unique project up to 8 men who have completed a suitable recovery programme, and who recognise that they would benefit from further work within a structured residential programme. It provides on-site training in numeracy, literacy and computer skills and encourages training, volunteering and community activities.
- **Move On Houses – supported housing for men and women in recovery**
MAIDSTONE/SOUTHBOROUGH/GRAVESEND, Kent
There are three “Move on” houses in Kent, available to people who have completed a suitable recovery programme and need a place to live with support in order to sustain their recovery, relaunch their lives and reintegrate into the community. Regular support is offered through key working and weekly house meetings with the project manager.
- **Kenward Youth Services – education, prevention and early intervention**
Kent wide
This team works in partnership with local councils, schools, local safety partnerships, the police and youth organisations to help children and young people understand the facts about drink and drugs. The team also offers a ‘hot-spot’ service whereby they engage directly with young people who habitually drink alcohol or use drugs in public spaces.

The charity also offers training services.

For further information contact:

Audrey Pie – Head of Marketing – on 01622 814187 or marketing@kenwardtrust.org.uk

or

Richard Chambers – Fundraising Manager – on 07875 558909 or fundraising@kenwardtrust.org.uk